

Your Wealth And Your Brain Waves

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In simple language, **Brain Waves Rule™**

This simple rule is taught at Biocybernaut Institute under the name of The Psychophysiological Principle, and it says that “Any experience you have as a living human being, you have only when you have the appropriate underlying pattern of brain waves.

So your brain waves rule your emotions and your feelings. Your brain waves rule your sensory perceptions. Your brain waves rule your athletic performance and enable Peak Performance. Your brain waves rule your thoughts. Your brain waves rule your creativity and your intuition. Your brain waves rule your motivation and your self-confidence and also your self-doubt and your self-sabotage.

In simple language, **Brain Waves Rule™**

When you change your brain waves, you will change your life.

What kinds of wealth can your brain waves rule?

There are many kinds of wealth and different brain waves are required to master different types of wealth. Someone can have a wealth of good friends and loving relationships. Someone can have a wealth of knowledge. Someone can have wealth of creativity. Someone can have a wealth of athletic prowess. Someone can have a wealth of power and influence. There is also spiritual wealth and emotional wealth and a wealth of material things, including money.

How do your brain waves rule your wealth?

In many ways. Here is one example of a wealth of money caused by a wealth of an unusual brain wave pattern that produced a wealth of an unusual creativity. At one time, I had a man come for Alpha brain wave training who's Frontal [F₃ and F₄] EEG Alpha brain waves were much larger than his Occipital [O₁ and O₂] EEG Alpha. This is unusual, because about 80% of the people seen in Biocybernaut Institute brain wave training programs have their biggest Alpha at their Occipital head sites, at the back of their heads. So I said to this man, “You would make a great Strategic Planner.” Whereupon he smiled and happily announced, “That's my job.” He was thus revealed to have type-cast himself into a role, and into a high-paying career, that was actually enabled by his highly unusual brain waves.

He had a huge salary because he was a gifted and highly creative Strategic Planner. This man's wealth depended upon his highly unusual brain wave patterns: very big Frontal EEG Alpha [F₃ and F₄].

If he had gone to one of those brain wave training processes where they compare you to a normative data base and then train out of you anything that differs from the average, he would have been deprived of his amazing [and unusual] money-making brain waves. His big Frontal Alpha would have been considered abnormal, deviant and worthy of being suppressed. Training people toward a normative data base runs the serious risk of making “C-students” out of gifted people.

Why did I suggest that he would make a great Strategic Planner? Two reasons:

1] The Frontal lobes are considered the Association Cortex, where the brain makes associations and can do projections of current data into hypothetical future possibilities.

2] Large Alpha waves enable and convey creativity (1)

[http://cdn2.hubspot.net/hubfs/2414356/Biocybernaut_Institute_Aug_2016/PDF/ScienceArticle_CreIncSci.pdf?t=1497988005917] so someone with large Alpha waves in the Frontal Cortex would be able to make **very creative** associations and projections. This would enable him to function as a high level Strategic Planner, where his high-paying job would continually require him to make creative associations and projections from whatever data was placed in front of him, by life and by his employer.

This is just one specific example of how a man's great material Wealth was determined by his Brain Waves.

If you would like to apply the Biocybernaut Science of Brain Wave Feedback Training to your life and to your career and to your wealth, there are many ways to do this. Of course, you already know that your IQ, your intelligence quotient, helps to determine your earning potential and your wealth. And the first week of the Biocybernaut Alpha Training (Alpha One) has been shown to increase IQ by an average of 11.7 points (2).

However, you may not know that there is an even more powerful factor in determining your wealth and your success in life than your IQ. This more powerful factor is your EQ, your Emotional Intelligence.

A book by Dr. Travis Bradberry and Jean Greaves, titled ***Emotional Intelligence 2.0***, (3) reveals that 90% of high performers are also high in EQ, Emotional Intelligence. Couple this with the fact that people with average IQ [ordinary Smarts] outperform those with high IQ's 70% of the time, and you suddenly realize that having higher EQ (Emotional Intelligence) has much more to do with your earning power and your wealth than does your IQ, the traditional measure of intelligence.

The benefits of increasing EQ have actually been quantified by Dr. Bradberry and Ms. Greaves. They say on page 21 of their book, "The link between EQ and earnings is so direct that every one point increase in EQ adds \$1,300 to an annual salary. These findings hold true for people in all industries, at all levels, in every region of the world. We haven't been able to find a job in which performance and pay aren't tied closely to EQ."

The really good news is that with just a one-week process you can dramatically increase your EQ and thus your wealth-building power. The Alpha One brain wave training at Biocybernaut Institute increases your EQ. Males doing the Alpha One brain wave training increase their EQ by 12.3 points for an annual anticipated annual salary gain of \$15,990. The EQ gain for Females from the Biocybernaut Alpha One brain wave training is 9.7 points for an anticipated annual salary gain of \$12,610. It could be that females start higher in EQ, and this is a topic for further research. Both Males and Females benefit financially from increasing their EQ's and the Biocybernaut Alpha One training demonstrably increases EQ scores for both Men and Women. And these INCREASES in EQ that translate into higher earnings, more money for you, more wealth power.

So, is there a link between your Financial Wealth and your Brain Waves? Clearly **Brain Waves Rule™**.

Based on the existing research on EQ (Emotional Intelligence) and Biocybernaut Alpha Brain Wave training, a man's expected earnings in the 20 years after his Alpha One training are \$319,800 **more** than if he had not taken the Biocybernaut Alpha One training. And a woman's expected earnings in the 20 years after her Alpha One training are \$252,200 **more** than if she had not taken the Biocybernaut Alpha One training. Remember that both men and women increase their EQ in the Biocybernaut Alpha training and these INCREASES in EQ translate into higher earnings, more money, more financial wealth.

It is remarkable that a one-week training program can increase an average person's earning power by more than a quarter million dollars over the next 20 years compared to if they had NOT taken that training program?

Now that you have learned this new information that is directly related to your financial wealth building potential, let us review just a bit more of the science on EQ,- Emotional Intelligence.

The following remarkable information involves direct quotes from the 2009 book *Emotional Intelligence 2.0*, by Dr. Travis Bradberry and Jean Greaves.

"People with the highest levels of intelligence (IQ) outperform those with average IQs just 20 percent of the time. While people with average IQs outperform those with high IQs 70 percent of the time. This anomaly threw a massive wrench into what many people had always assumed was the source of success - IQ. Scientists realized there must be another variable that explained success above and beyond one's IQ, and years of research pointed to Emotional Intelligence (EQ) as the critical factor."

"EQ has been tested alongside 33 other important skills and found that it subsumes the majority of them, including time management, decision-making and communication. Your EQ is the foundation for a host of critical skills - it impacts most everything you say and do each day."

"EQ is so critical to success that it accounts for 58% of performance in all types of jobs. It is THE SINGLE BIGGEST PREDICTOR OF PERFORMANCE in the workplace and the strongest driver of leadership and personal excellence."

"90 percent of high performers are also high in EQ. On the flip side, just 20 percent of low performers are high in EQ. Chances are slim that you could be a high performer without high EQ."

"The link between EQ and Earnings is so direct, that every (one) point increase in EQ adds \$1,300 to an annual salary. These findings hold true for people in all industries, at all levels, in every region of the world. We haven't been able to find a job in which performance and pay aren't tied closely to EQ."

The Biocybernaut Institute of Canada, Ltd. has conducted research into the social and economic benefits of the Biocybernaut Alpha One training with populations that include Canadian Aboriginal peoples. Many of these people were in low economic brackets living in remote areas on reservations and they trained on scholarships. Then they were studied 6 months after their Alpha training. Amazingly, in just 6 months, 71% had dramatically improved economic circumstances with more income, more savings and less debt. Details on this important study can be found in a newly published research study (4), Alpha Brain-Wave Neurofeedback: Social and Economic Impact on Community, Propagation of Benefits Beyond Those Trained.

As Dr. Travis Bradberry and Jean Greaves declared in their book (3), "The link between EQ and Earnings is so direct, that every (one) point increase in EQ adds \$1,300 to an annual salary. These findings hold

true for people in all industries, at all levels, in every region of the world. We haven't been able to find a job in which performance and pay aren't tied closely to EQ.” The research done at Biocybernaut Institute of Canada has confirmed the economic benefits of the Biocybernaut Alpha One training, and now we can understand more of the reasons of why there are these impressive gains in wealth and earning power. There are big increases in EQ,- Emotional Intelligence, from the Biocybernaut Alpha One training.

Of course, personal relationships also benefit from increases in EQ as one’s wife, husband, boyfriend, girlfriend, relatives, neighbors, friends, etc. are suddenly more aware that you are more aware of your own feelings and that you are suddenly much more able to control your own emotions and feelings. They also welcome the new you that is also more aware of their feelings, so you can relate to them more lovingly, more wisely and more effectively.

There are many other areas of wealth that are directly related to your brain waves and your ability to voluntarily control your own brain waves.

A wealth of Athletic prowess has been shown by Allman (5) to depend critically upon the athlete’s ability to summon up increases of Alpha waves just before a shot, and if they do, then that shot is one of their best shots. Alpha waves cannot be accurately measured during movement, but in some sports the athlete is motionless before the shot: Golfers putting, Archers and pistol and rifle Marksmen before they shoot, Basketball players at free throw, etc. In all of these sports brain waves have been measured and it was found that if there was a big burst of Alpha waves just before the shot, then that would be one of the best shots.

A wealth of creative ability has been shown to depend critically on the person’s ability to turn on large bursts of Alpha waves when faced with a problem to solve (1). The creative process has four stages:

- [1.] **Application** (learning the information and problems in a field),
- [2.] **Incubation** (letting acquired knowledge gel, brewing, meditating on the problem),
- [3.] **Inspiration** (flash of insight, creative synthesis, ‘Aha’ experience), and
- [4.] **Elaboration** (polishing, evaluating and testing).

The Alpha feedback training is most relevant to the **Incubation** and **Inspiration** stages of the creative process. Martindale and his associates have provided enlightening background reports (1973, 1977, 1978, 1984) on the brain waves that are related to creativity. His background reports show that highly creative subjects differ from normal subjects in their EEG Alpha activity. When told to rest (baselines), the minds of creative subjects remained activated. They showed slightly less Alpha than non creative subjects, who relaxed and deactivated, at rest. However, when given creative problems to solve, creative subjects shifted into high Alpha to solve the problems quickly and creatively. Non creative subjects made no upward shift in Alpha, and actually decreased their Alpha if they concentrated. Non creative subjects blocked Alpha on all types of cognitive tasks, but creative subjects blocked only on tasks not allowing for creativity, and actually increased Alpha during tasks calling for or allowing creativity. Creative subjects showed higher Alpha during the **Inspiration** phase of the creative process than they did during the following **Elaboration** phase, that required more analytical thinking.

A wealth of power and influence has been shown to depend critically on the person’s ability to turn on large bursts of Delta waves. Charismatic people and those with poise, presence and majesty are

often characterized by unusual patterns of waking Delta brain waves (10). Delta brain waves are normally only seen in coma and the two deepest stages of sleep, Stage 3 and 4. High Delta people can easily rise to positions of power and influence because they have the ability to influence others around them and even to influence events. It is challenging to train people to have increased Delta because Delta increases often cause the person to fall asleep. Biocybernaut Institute only offers Delta training by invitation, because we feel it is important for the person to do sufficient forgiveness work and deep ethical cleansing in Alpha and Theta training programs before being entrusted with such powers or Sidhis. Influencing others by over-riding their will is one definition of evil. It is ethically safe to influence objects and events, and other people if they consent to such help. Hardt (11) has shown that the powerful spiritual experience of Kundalini is also characterized by strong, synchronous waking Delta.

Spiritual wealth and emotional wealth is also a function of one's brain waves. Emotional wealth, as is seen in the increased EQ or Emotional Intelligence, is one of the demonstrated results of the Biocybernaut Institute Alpha One training programs. And extremely rapid increases of spiritual wealth are seen to be possible by comparing studies of the brain waves of advanced Zen meditators with the brain waves of graduates of the 7-day Biocybernaut Alpha training programs. Kasamatsu and Hirai (12) have studied the brain wave patterns that emerge in advanced Zen meditation after 21-40 years of this meditation. Hardt (13, 14) has shown that the 7 days of the Biocybernaut Alpha One training produce almost exactly the same brain wave patterns as 21-40 years of Zen meditation. Technology speeds things up and the Biocybernaut brain wave feedback technology and methodology speed up the attainment of spiritual growth. There are also other types of spiritual attainment that can be accelerated by brain wave feedback training. The much sought-after, highly prized and very powerful spiritual experience of Kundalini is characterized by strong, synchronous waking Delta brain waves that can be confined to one cortical site or can spread across the entire head. The statues and paintings of the Buddha are often depicted with many flower petals enveloping the head, and this is the fabled "Thousand Petaled Lotus" that occurs when the Kundalini energy rises up the spine and reaches the crown chakra.

Hardt has suggested that the high spiritual attainment symbolized by halos is related to the underlying brain wave patterns (15). Halos are a cross-culturally recognized symbol of spiritual advancement and ethical purity. In Christianity Jesus and his Apostles are depicted with halos. Mary and Joseph are shown with halos. Angels and saints are depicted with halos. The Buddha (Buddhism) is often shown with a halo and Krishna (Hinduism) also is often shown with a radiant halo. Halos are produced by certain brain wave patterns that create a torus over the head in phase space. When there is a coherence within and between Alpha and Theta waves in the same region of the head, and when their center frequencies are related by Fibonacci scaling, then there is a torus formed in phase space over the head, which resists mode locking at the border of chaos and thus the torus, the halo, can be temporally stable and can persist so that those with sensitive perceptions can see it. The frequency of the coherent Theta and Alpha waves and their spatial distribution over the head determines the size and the location of the halo, which is a 3-D torus that is formed in phase space when the person is in a high spiritual state and is running coherent Alpha and Theta waves simultaneously. People who can see auras may be the source of the abundance of halos that populate the heads of people, saints and angels in spiritual art works. The popularity of halos suggests that many people may be subliminally aware of them and so are more ready to accept and to endorse spiritual art that involves depictions of halos.

Another powerful spiritual practice is forgiveness. Biocybernaut Alpha trainings employ a 14-step method of forgiveness. Each of the steps is intimately linked to specific brain wave patterns that must be attained in order to go on to the next step. This forgiveness work is aligned with *A Course in Miracles* (16) Lesson 134 and Dr. David Hawkins work in *Letting Go, - The Pathway of surrender* (17). Hardt has provided a Biocybernaut Perspective on Forgiveness and on Letting Go (18), which describes how these powerful processes of Forgiveness and Letting Go are explained, unified and taught in the Biocybernaut Alpha training courses.

Of course, all the wealth-related brain wave patterns described in this editorial are trainable with the Biocybernaut brain wave feedback technology and methodology. It matters not what kind of wealth you are seeking, because attainment of all the many kinds of wealth requires attainment of specific underlying brain wave patterns, which can be learned at Biocybernaut Institute.

It is clear that **Brain Waves Rule™** and that Biocybernaut brain wave training offers a way to dramatically increase your wealth in just one week, starting by training your own Alpha Waves.

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